ORAL CONCIOUS SEDATION INSTRUCTIONS FOR PATIENTS

You have elected to have oral conscious sedation for your periodontal procedure. The medication that you will take will make you less apprehensive and sleepy. You will not be unconscious at any time during the procedure. Local anesthetics will be used to control pain in your mouth during the procedures performed. As a result of the drug that you will be taking, certain precautions must be observed.

- 1. Advise us of any medications or pills you are taking or any changes in your health. Do not take any medications without our knowledge and approval.
- 2. You may eat a light meal prior to your procedure, and drink your normal amount of fluids. No alcoholic beverages should be consumed 24 hours prior to taking your prescribed medication for the procedure.
- 3. FEMALES: If there is any possibility of pregnancy, or if you are trying to become pregnant, a pregnancy test should be completed within 24 hrs of your periodontal appointment.
- 4. Wear loose, comfortable clothing with either short sleeves, or sleeves that can be easily drawn up past your elbow to allow for placement of the monitoring equipment. Do not wear nail polish or artificial nails for the same reason.
- 5. If you wear CONTACT LENSES, do not wear them on the day of your surgery.
- 6. You MUST be accompanied by an adult who can drive you to your appointment, and arrange for responsible supervision for several hours after your surgery. You will not be allowed to drive or take public transportation.
- 7. Full mental alertness will not return for several hours, and you should limit activities that require your full concentration. You will not be able to:
 - a. Drive an automobile, handle a firearm or operate machinery
 - b. Undertake business matters
 - c. Drink alcoholic beverages

I have read, understand and will comply with these instructions that have been furnished to me.

D. H. A. C. H.		
Patient Signature	Date	